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Application No.: 10/799,491

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## IN THE CLAIMS

Please amend the Claims as follows:

- 1. (Original) A method for treating a target tissue within an intervertebral disc, comprising:
  - a) forming a void in at least close proximity to the target tissue; and
- b) delivering a preheated fluid to the void, wherein the fluid is preheated to a temperature in the range of from about 45°C to 90°C, and at least a portion of the target tissue undergoes contraction due to heat exchange between the target tissue and the fluid.
  - 2. (Original) The method of claim 1, wherein the temperature of the target tissue is increased to a treatment temperature due to the heat exchange between the target tissue and the preheated fluid, wherein the treatment temperature is in the range of from about 45°C to 90°C.
- 3. (Original) The method of claim 2, wherein the treatment temperature is in the range of from about 60°C to 70°C.
- 4. (Original) The method of claim 1, wherein the target tissue comprises nucleus pulposus tissue.
- 5. (Original) The method of claim 1, wherein the target tissue lies adjacent to the annulus fit rosus.
- 6. (Original) The method of claim 1, wherein the target tissue lies adjacent to an annular fiscure of the disc.

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- 7. (Original) The method of claim 1, wherein said step a) comprises ablating disc tissue components using an electrosurgical probe.
  - 8. (Original) The method of claim 7, further comprising:
- c) prior to said step b), manipulating the electrosurgical probe such that the void is sculpted to a suitable size and shape.
- 9. (Original) The method of claim 7, wherein said step b) comprises delivering the preheated fluid to the void via a fluid delivery unit, wherein the fluid delivery unit is integral with the electrosurgical probe.
- 10. (Original) The method of claim 7, wherein said step b) comprises delivering the preheated fluid to the void via a fluid delivery system, wherein the fluid delivery system is separate from the electrosurgical probe.
- 11. (Original) The method of claim 1, wherein said step b) comprises delivering saline to the void, the saline at a temperature in the range of from about 60°C to 70°C.
- 12. (Original) The method of claim 1, wherein said step b) comprises delivering the preheated fluid to the void at a regulated rate, and the method further comprises:
- d) withdrawing the fluid from the void, whereby the fluid is circulated through the void at a substantially constant temperature.
  - 13. (Original) A method for treating an intervertebral disc, comprising:
- a) forming a void in at least close proximity to a target tissue within the intervertebral disc; and

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b) delivering a preheated fluid to the void, wherein at least a portion of the target tissue is heated to a temperature in the range of from about 45°C to 90°C, whereby collagen fibers within the target tissue undergo shrinkage.

- 14. (Original) The method of claim 13, wherein at least a portion of the target tissue is heated to a temperature in the range of from about 60°C to 70°C.
- 15. (Original) The method of claim 13, wherein the target tissue is heated via heat exchange between the preheated fluid and the target tissue.
- 16 (Original) The method of claim 13, wherein said step a) comprises forming a void in the nucleus pulposus.
  - 17 (Original) The method of claim 13, wherein said step a) comprises:
- c) positioning an active electrode terminal of an electrosurgical probe within the disc at a location ir at least close proximity to the target tissue; and
- d) applying a high frequency voltage between the active electrode terminal and a return electrode.
  - 18 (Original) The method of claim 17, further comprising:
- e) luring said step d), manipulating the electrosurgical probe such that the void is sculpted to a suitable size and shape.
- 19 (Original) The method of claim 17, wherein said step b) comprises delivering the preheated fluid to the void via a fluid delivery system, the fluid delivery system separate from the electrosurgical probe.

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20 (Withdrawn) An electrosurgical apparatus, comprising:

a shaft having a shaft distal end;

an electrode assembly at the shaft distal end;

- a fluid delivery unit including a fluid delivery tube; and
- a fluid source unit coupled to the fluid delivery tube, the fluid source unit providing a fluid at a controlled temperature to the fluid delivery unit, wherein the fluid source unit includes a fluid reservoir and a temperature control unit coupled to the fluid reservoir.